



Online Safety

Many children and young people are spending more time online. The links below provide sources of advice and support for parents/carers, children and young people.

Queensland websites

Queensland Government online portal with resources and advice:

www.csyw.qld.gov.au/campaign/stop-cyberbullying

Department of Education advice and resources

www.behaviour.education.qld.gov.au

National websites

eSafety Commissioner

Via the website www.esafety.gov.au, provides:

- a specific link to resources for online safety during COVID-19
- eSafety information, including getting help and social networking sites
- education resources
- information for parents and carers advice and support on making complaints about cyberbullying and image-based abuse
- a directory of wellbeing resources.

Lifeline

Nationwide crisis support and suicide prevention services (phone 13 11 14 or www.lifeline.org.au)

Kids Helpline

Nationwide 24/7 counselling services for young people aged 5–25

(phone 1800 551 800 or via www.kidshelpline.com.au/teens/issues/bullying)

eheadspace

Free online and telephone support and counselling to young people aged 12–25

(phone 1800 650 890 or www.headspace.org.au)

Parentline

Support, counselling and education to parents and carers of children in Queensland and the Northern Territory (phone 1300 301 300 or www.parentline.com.au)